

## Languages/ Alternative Formats

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Please contact: 01895 279973

**Fadlan waydii haddii aad warbixintan ku rabto luqad ama hab kale. Fadlan la xidhiidh  
01895 279 973**

Jeżeli chciałbyś uzyskać te informacje w innym języku, w dużej czcionce lub w formacie audio, poproś pracownika oddziału o kontakt z biurem informacji pacjenta (patient information) pod numerem telefonu: 01895 279973.

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رابطہ کرو

தயவுசெய்து, வேற்று மொழிகளில் இத் தகவல்கள், கட்டுமானம் தேவையெனில், கேளுங்கள்.! தயவுசெய்து 01895 279973 இலக்கத்துடன் தொடர்பு கொள்ளுங்கள்.!

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إذا كنت تود الحصول على هذه المعلومات بلغة أخرى، بالأحرف الكبيرة أو بشكل شريط صوتي، يرجى الاتصال بالرقم التالي 01895279973 .

**Community Adults Rehabilitation Service**

Laurel Lodge Clinic  
Harlington Road, Uxbridge,  
UB8 3HD

Monday-Friday Tel: 01895 485059

**Falls Assisted Discharge Team**

Home Safe Administrator  
Hillingdon Hospital  
Pield Heath Road, Uxbridge,  
UB8 3NN

Monday-Friday Tel: 01895 279958  
or 01895 279960

Central and North West London **NHS**  
NHS Foundation Trust  
Hillingdon

The Hillingdon Hospitals **NHS**  
NHS Foundation Trust

Information Booklet

# Falls Assisted Discharge



Ref: PIID 347  
Date: Feb 2015  
Review: Feb 2017

## Introduction

The Falls Assisted Discharge Team consists of physiotherapists, occupational therapists and support workers. They provide short term intervention to patients from The Hillingdon Hospitals who have been admitted following a fall or are at risk of falls. The team's aim is to support patients in regaining functional independence in their own home and reducing the length of stay in hospital.

The team is part of the Trust's early supported discharge pathways, which are designed to support patients to recover in their own home once they are stable enough to leave hospital.

## Criteria

A You must:

- ⇒ Be over 65, and be medically fit for discharge
- ⇒ Consent to receive care from community rehabilitation service
- ⇒ Be a Hillingdon resident, or registered with a Hillingdon GP

B Have home hazards or functional concerns been highlighted during admission

C Be able to transfer and mobilise on your own or with assistance and with an aid if needed.

## What can you expect?

- ◆ With your consent, the inpatient therapy team treating you will make a referral to the Falls Team who will visit you before you leave hospital.
- ◆ A community physiotherapist will visit you on the following the day following your discharge (Day one). You will receive up to five days of intensive physiotherapy input.
- ◆ Therapist will visit you to assess your functional independence in your own home environment.
- ◆ Discharge from the service on day FIVE and referral to onward agency/service if needed.